

BBL

BroadBand Light (BBL) is one of the most powerful IPL devices on the market. It sets new standards in treating skin conditions associated with aging such as brown spots, and broken blood vessels.

PRE- TREATMENT INSTRUCTIONS:

- For best results, and to minimize the chance of bruising please avoid all blood-thinning medications and supplements for 5-7 days prior to your appointment.
- Do not drink alcohol 24 hours before or after your treatment (this can increase chance of bruising)
- Avoid active sun exposure for 4-6 weeks before treatment
- Avoid tanning lotions in the treatment area
- If it applies to you, use suggested brightener 4-6 weeks prior to treatment.

DURING PROCEDURE:

- Eyes will be protected with eye shields.
- A clear ultrasound gel is applied to area before and throughout treatment.
- Procedure is tolerable with slight sensation of a pinch of a feeling of a warm rubber band being snapped against the skin.
- The procedure generally lasts 20-30 minutes depending on area being treated.

POST- TREATMENT INSTRUCTIONS:

- You may experience redness immediately after treatment, this should resolve over the next 24 hours. In some cases, redness and swelling may persist, (depending on aggressiveness of treatment), cool compresses can help.
- It is okay to apply makeup as soon as you would like after treatment.
- Avoid sun exposure for 4-6 weeks. Protect with hourly re-application of sunscreen and a hat if you must go outside. Too much sun post-treatment can lead to discoloration and possible scarring.
- Avoid tanning lotions in the treatment area
- Wash with gentle cleansers. Be gentle... no scrubbing.
- Brown spots will darken and will fall off over the next 7-14 days.
- Do not pick at the brown spots, let all the pigment fall off naturally.
- Resume normal skin care routine in a minimum of 1 week or as directed by a provider.