

Basic Post-Operative Instructions

Body

LOCAL ANESTHESIA

We do not expect you to have problems after surgery. The area around your incision will probably remain numb for several hours.

SEDATION OR GENERAL ANESTHESIA

You will be sleepy or tired the remainder of the day. You must not drive or use public transportation for 24 hours. **A responsible adult must supervise you for the first 24 hours.** Start slow, and progress as tolerated. If you are nauseated, start with sips of water, crackers, etc. You may have a sore throat for a day or two after general anesthesia. Throat lozenges or gargling with soothing liquids may help. **Do not drink alcoholic beverages, smoke cigarettes, drive a car, or sign legal documents while on medications.**

WOUND CARE

No bending lifting or straining for 2 weeks. Week 3 to week 6 is a gradual increase in your physical activity.

Keep the wound and dressing as dry as possible. Do NOT shower and only change your dressing only if directed by your doctor. You may take a sponge bath during the first week. Dressings will be removed at the one week appointment.

Watch for:

- Swelling around the wound
- Redness in the surgical area
- Warmth or heat around the incision
- Excessive drainage or foul-smelling drainage
- Pain unrelieved by medication
- Temperature above 101F

After one week appointment, you will have brown paper tape in place. You may shower with this tape in place and if it happens to come off, you may replace with additional brown paper tape. (some will be given to you at your one week appointment, although this is easily found over the counter if additional supply needed.)

If you have any concerns you may call the office during business hours or after hours at 916-273-7435.

If you have a life-threatening emergency, call 911. Please take pain medication as advised by either an anesthesia provider or Dr. Perry.

I have received a copy of this information _____ Date: _____

1910
1911
1912

1913
1914
1915

1916
1917
1918
1919
1920

1921
1922
1923

1924
1925
1926
1927
1928
1929
1930

1931
1932
1933
1934
1935
1936
1937
1938
1939
1940

1941
1942
1943
1944
1945
1946
1947
1948
1949
1950

1951
1952
1953
1954
1955
1956
1957
1958
1959
1960

Basic Post-Operative Instructions

Facial Procedures

LOCAL ANESTHESIA

We do not expect you to have problems after surgery. The area around your incision will probably remain numb for several hours.

SEDATION OR GENERAL ANESTHESIA

You will be sleepy or tired the remainder of the day. You must not drive or use public transportation for 24 hours. **A responsible adult must supervise you for the first 24 hours.** Start slow, and progress as tolerated. If you are nauseated, start with sips of water, crackers, etc. You may have a sore throat for a day or two after general anesthesia. Throat lozenges or gargling with soothing liquids may help. **Do not drink alcoholic beverages, smoke cigarettes, drive a car, or sign legal documents while on medications.**

WOUND CARE

No bending lifting or straining for 2 weeks. Week 3 to week 6 is a gradual increase in your physical activity.

Sleep elevated for a minimum of 1 week after surgery.

You may have drains in place, if so, you will have an appointment to have them removed 24-48 hours after your surgery. Do NOT shower with drains in place. Once drains are removed, showering is fine, face away from the faucet with gentle water pressure, and not too hot.

Wash hair with baby shampoo once a day to keep incisions clean and dry. Do NOT comb through hair if sutures are in hairline.

You will have sutures in place at all incision sites. The incisions are to be cleaned with Bacitracin Zinc ointment (found over the counter), apply 2-4 times a day. Sutures will be removed at the one week appointment.

Watch for:

- Swelling around the wound
- Redness in the surgical area
- Warmth or heat around the incision
- Excessive drainage or foul-smelling drainage
- Pain unrelieved by medication
- Temperature above 101F

1910
1911
1912

1913
1914
1915

1916
1917
1918

1919
1920
1921

1922
1923
1924

1925
1926
1927

1928
1929
1930

1931
1932
1933

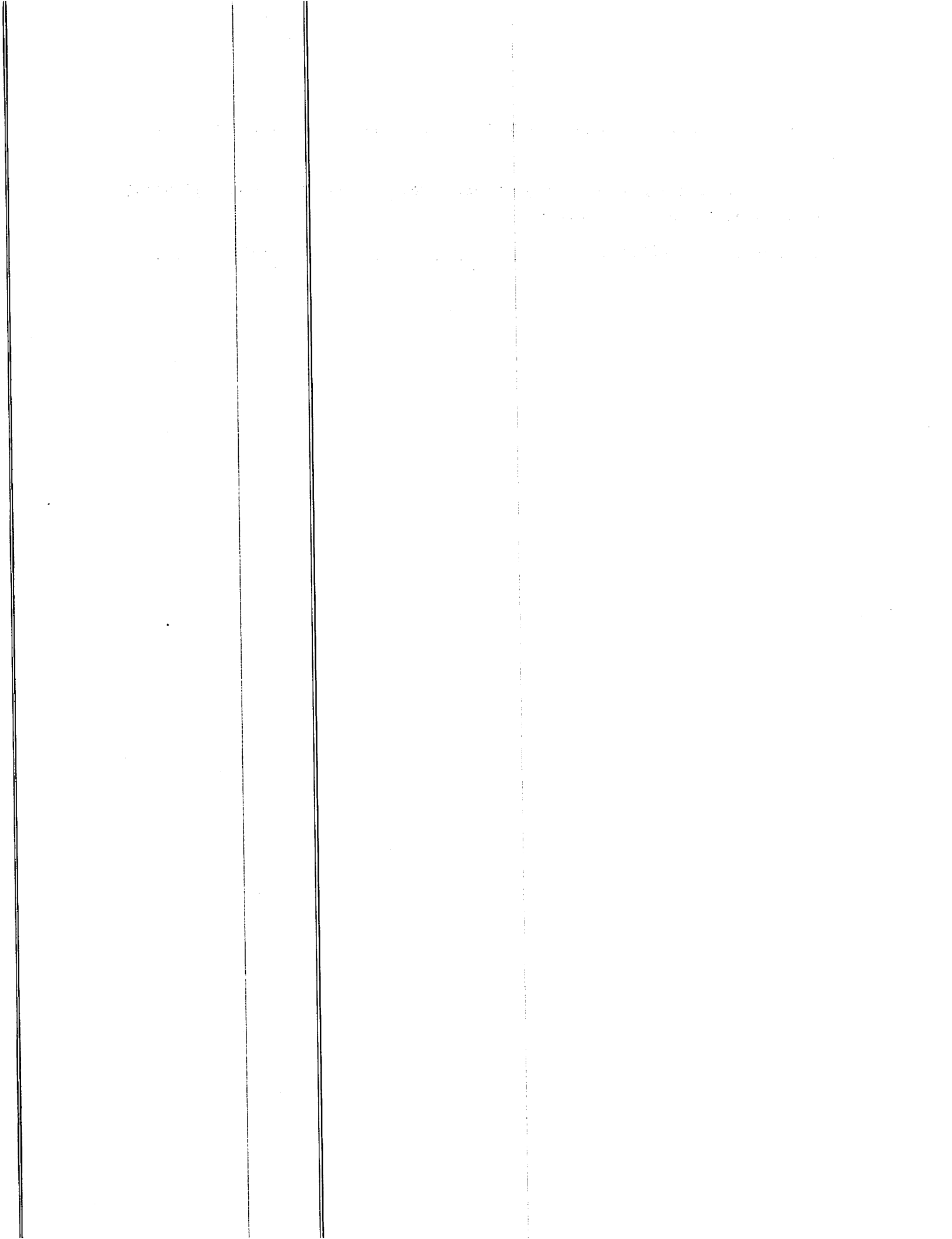
1934
1935
1936

1937
1938
1939

If you have any concerns you may call the office during business hours or after hours at 916-273-7435.

If you have a life-threatening emergency, call 911. Please take pain medication as advised by either an anesthesia provider or Dr. Perry.

I have received a copy of this information _____ Date: _____



Basic Post-Operative Instructions

Rhinoplasty

LOCAL ANESTHESIA

We do not expect you to have problems after surgery. The area around your incision will probably remain numb for several hours.

SEDATION OR GENERAL ANESTHESIA

You will be sleepy or tired the remainder of the day. You must not drive or use public transportation for 24 hours. **A responsible adult must supervise you for the first 24 hours.** Start slow, and progress as tolerated. If you are nauseated, start with sips of water, crackers, etc. You may have a sore throat for a day or two after general anesthesia. Throat lozenges or gargling with soothing liquids may help. **Do not drink alcoholic beverages, smoke cigarettes, drive a car, or sign legal documents while on medications.**

WOUND CARE

No bending lifting or straining for 2 weeks. Week 3 to week 6 is a gradual increase in your physical activity.

Sleep elevated for a minimum of 1 week after surgery.

Keep splint as dry as possible. Do NOT removed splint. You may shower, face away from the faucet in the shower and avoid getting splint wet.

Keep base of nostrils clean and moist with Hydrogen peroxide on a Q-Tip and Bacitracin Zinc ointment (found over the counter).

Use saline nasal spray (found over the counter) 2-4 times a day. Do not put the tip of nasal spray up the nose, gently spray at base of nostril upward.

Watch for:

- Swelling around the wound
- Redness in the surgical area
- Warmth or heat around the incision
- Excessive drainage or foul-smelling drainage
- Pain unrelieved by medication
- Temperature above 101F

If you have any concerns you may call the office during business hours or after hours at 916-273-7435.

<p>1. The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the integrity of the financial system and for the ability to detect and prevent fraud.</p>	<p>2. The second part of the document outlines the various methods used to collect and analyze data. It describes the process of gathering information from different sources and how this data is then processed to identify trends and anomalies.</p>	<p>3. The third part of the document focuses on the role of technology in modern data analysis. It discusses how advanced software tools and algorithms have significantly improved the speed and accuracy of data processing, allowing for more complex and detailed analyses.</p>
<p>4. The fourth part of the document addresses the challenges associated with data security and privacy. It highlights the need for robust security measures to protect sensitive information from unauthorized access and the importance of complying with relevant regulations.</p>	<p>5. The fifth part of the document discusses the ethical implications of data analysis. It explores how the use of personal data can raise concerns about individual privacy and the potential for discrimination, and it offers guidelines for responsible data handling.</p>	<p>6. The sixth part of the document provides a summary of the key findings and conclusions. It reiterates the importance of a holistic approach to data management, one that integrates technical, security, and ethical considerations.</p>
<p>7. The seventh part of the document offers recommendations for future research and practice. It suggests areas where further investigation is needed and provides practical advice for organizations looking to optimize their data management processes.</p>	<p>8. The eighth part of the document concludes with a final statement on the value of data. It emphasizes that while data is a powerful tool, it must be used wisely and responsibly to truly benefit society and the economy.</p>	<p>9. The ninth part of the document is a brief overview of the author's background and the scope of the research. It provides context for the work and acknowledges the contributions of others in the field.</p>
<p>10. The tenth part of the document is a list of references, citing the various sources of information used throughout the report. This section is crucial for verifying the accuracy of the data and for further exploration of the topics discussed.</p>	<p>11. The eleventh part of the document is an appendix containing additional data and detailed calculations. This section provides the raw materials and the step-by-step process of the analysis, allowing for transparency and reproducibility.</p>	<p>12. The twelfth part of the document is a glossary of terms, defining key concepts and terminology used in the report. This is particularly helpful for readers who may not be familiar with all the technical terms used in the field.</p>
<p>13. The thirteenth part of the document is a list of figures and tables, providing a visual summary of the data presented. These elements are essential for understanding the results of the analysis and for identifying patterns and trends.</p>	<p>14. The fourteenth part of the document is a list of acknowledgments, thanking the individuals and organizations that provided support and assistance during the course of the research. This section is a way to recognize the contributions of others.</p>	<p>15. The fifteenth part of the document is a list of appendices, providing a detailed overview of the additional materials included in the report. This section helps readers navigate the large amount of supplementary information.</p>
<p>16. The sixteenth part of the document is a list of references, providing a comprehensive list of the sources used in the report. This section is essential for academic and professional credibility.</p>	<p>17. The seventeenth part of the document is a list of appendices, providing a detailed overview of the additional materials included in the report. This section helps readers navigate the large amount of supplementary information.</p>	<p>18. The eighteenth part of the document is a list of appendices, providing a detailed overview of the additional materials included in the report. This section helps readers navigate the large amount of supplementary information.</p>

If you have a life-threatening emergency, call 911. Please take pain medication as advised by either an anesthesia provider or Dr. Perry.

I have received a copy of this information _____ Date: _____

