

CHRYSA LIS COSMETICS



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Sculptra™ Postoperative Care Instructions

- Ice packs may be used during the first 24 hours — 10 minutes on, 10 minutes off. Wrap the ice in a towel and avoid direct contact of ice to the skin.
- **Massage the injected site vigorously twice daily for the first week for two to three minutes each site. This is very important in achieving a smooth contour.**
- Aspirin, Non-steroidal anti-inflammatory drugs (NSAIDs), and alcohol *should be avoided*, one week prior to and following the injection, to minimize swelling and bruising.
- Tylenol may be used for pain control.
- *Exaggerated movements* of the areas augmented *should be avoided* following the injection *for 48 hours*.
- *Avoid* hot foods or gum chewing for the first several hours as mouth trauma may occur in the anesthetized areas.
- *Avoid* excessive sun and UV lamp exposure until any initial swelling and redness has resolved.
- Most patients feel comfortable returning to their normal activities following treatment.
- Make-up may be applied a few hours after treatment if no complications are present (for example, open wounds or bleeding).
- *Notify the physician* for significant swelling, bleeding, eye pain, vision loss, dusky discoloration, excessive pain, or fever.