



785 University Avenue  
Sacramento CA 95825  
916-248-4447  
[www.sacramentoplastics.com](http://www.sacramentoplastics.com)

## Post-Treatment Instructions For Lip Lift

- Immediately after the treatment, the most commonly reported side effects are temporary redness and swelling at the surgical site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling. If these side effects continue beyond two or three days or if other reactions occur please contact your provider.
- Avoid touching the treated area within six hours following treatment. After that, the area can be gently washed with soap and water.
- Until the initial redness and swelling have resolved, avoid exposure of the treated area to intense heat (sun lamp or sun bathing).
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.
- Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. Johns Wort, and high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
- Avoid exercise and alcohol for six hours post-treatment.
- Your sutures will be removed six to seven days following your surgery
- Use bacitracin ophthalmic ointment on the incision twice a day.
- If crusting develops, gently remove with ½ strength peroxide and a q-tip applicator
- Avoid over use of your lips.
- No smoking or eat hot spicy foods for the first two weeks following the procedure

- Avoid sun damage for the first year following the procedure
- Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Please be sure to consult with your physician about recommendations for touch-up or follow-up treatments.