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" Phone: (916) 248-4447

""**Chin and Cheek Augmentation**
""Pre and Postoperative Instructions
""Chrysalis Cosmetics

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Before Surgery:

Read the preoperative instructions provided.

Fill all of your prescriptions ahead of time.

Do not take more than one tablespoon of water with your pills as this may cause delay or cancellation of your case.

Wear loose comfortable clothing to the hospital.

Start a clear liquid diet 24 hours before surgery; however, ***nothing by mouth after 12midnight.***

Get a good night's rest and relax! We can provide a prescription sleep aid if you request it. Benadryl also works well as a sleep aid.

After Surgery

Please call with any questions or concerns.

It is normal to experience swelling around the implants for up to three months.

Continue taking the antibiotic to prevent infection.

Eat only soft foods for the first week following surgery

Avoid any stressful physical or emotional activity for the first two weeks.

You may shower; however, **no baths or swimming for two weeks.** Keep the incision dry and clean.

Call immediately if you have fever, pain, drainage, redness, or questions about the implants.