



**3800 J Street Suite 210  
Sacramento CA 95819  
916-273-7435  
[www.sacramentoplastics.com](http://www.sacramentoplastics.com)**

### **Instructions Following Cheek Implant Surgery**

You should also have someone else drive you home on the day of the procedure.

If you live alone, you should have somebody stay with you at least the first night once you're home.

Make sure to wear a loose blouse or shirt that does not have to be pulled over your face.

Use your prescription medications to control any discomfort.

Typical cheek implant procedures create some numb areas around the cheeks and mouth but they rarely last more than three weeks.

Most patients have mild to moderate discomfort for one to two days.

Your surgeon will want you to avoid strenuous activity and rough contact in or near the area of the implant for at least four to weeks.

It may be normal to experience temporary difficulty smiling and talking after the operation.

You can usually return to work and other normal activities within a week.

You can expect to see the refined, contoured results of the implants gradually emerging after four to six weeks, post operatively.

Chewing is limited immediately following surgery while a soft food diet is required for several days.

The recovering patient should avoid any rough contact, pressure to the cheek or strenuous activity.

If infection occurs the implant may have to be moved and replaced later on.

Should the implant become slightly misaligned, a second procedure may be necessary for repositioning.